

Donning guide

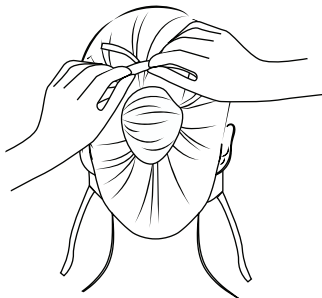
Medical face mask with tie-bands



1 Ensure your hands are thoroughly cleaned.

2

Place the mask on your face and make sure to cover your nose and mouth.



3 Tie the upper tie-bands at the crown of your head. Tie the top tie-bands of the mask before tying the bottom tie-bands.

4

Press the nose wire and unfold the mask carefully to ensure that it fits your nose and cheeks.



5 Change the facemask when contaminated and as often as your local recommendations.

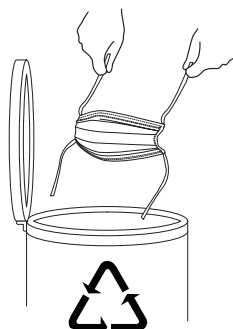
6

Remove the mask carefully. Do not touch the front of the mask which may be contaminated. Untie the bottom tie-bands first and then the upper tie-bands carefully. You should be able to remove it without the mask landing on your clothing/skin, hence less likelihood of further contamination.



7

Dispose the mask by holding the tie-bands.



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